



## Health Screenings

People today are increasingly conscious of their need to maintain good health and are aware of the value of preventative medicine. Health screening is a means for assessing how well they are achieving their health targets.

Put this in the context of the business need to maintain a healthy workforce and you have 'Business Focus Health Screening'.

Our screening regime ensures that the person is not only fit to undertake their work but also that work related ill health is identified and prevented at an early stage. Regular screening can make all the difference to the efficient running of a business.

## What Is Business Focus Health Screening?

Like many screening centres we undertake a full range of medical tests to identify the early stage of disease. Where a disease process is identified we will establish the best means for achieving a suitable intervention. We work with the general practitioner to ensure that this proceeds smoothly.

But we go much further than that. We consider work and work organisation issues where these are impacting on the person's health and we provide the opportunity to discuss these matters in some detail with one of our skilled team of occupational health specialists.



We also offer advice on means for dealing with any problems identified.

We look in detail at lifestyle issues for example exercise, body mass index and substance abuse. We provide the person with the necessary information and targets to enable them to control such issues.

We provide the individual and their general practitioner with the results of all the tests that we perform. And we also include clear advice on what is required to overcome any health problems identified. Our service is of course confidential and we hold each person's record securely.

Our service is also geared to the needs of the employer and we provide robust data on health trends in their workforce.

## What Is Included?

Immediately after an appointment is made we provide a questionnaire for the person to complete which enquires about general health matters and personal circumstances. It also includes an enquiry about stressors both at work and at home.

When the person attends they will spend about an hour with the screening nurse undertaking a range of tests including weight and height, lung function, ECG, hearing and vision. Mammography is available for women. Blood and urine samples are also taken for testing.



This is followed by a further hour of consultation with one of our doctors who will follow through the questionnaire and perform a detailed medical examination. Where further special medical tests are indicated these will be discussed and arranged as appropriate.

The consultation will also consider work and workplace matters and explore these in depth. A report follows when all the results are available.

Shorter health screens are available and where an on site service is required.

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The consultation will also consider work and workplace matters and explore these in depth. A report follows when all the results are available.

Shorter health screens (mini screens) are available and where an on site service is required. Typical Mini Health Screen includes:

- Height / weight for Body Mass Index
- Blood pressure
- Urine test
- Vision screening test



## The Tests We Provide

Listed below is the most common tests that we provide:

- Clinical Examination
- Pulmonary Function Test
- Audiometry
- Anthropometrics including Body Mass Index
- Blood tests for:
  - Haematology: 14 separate tests
  - Biochemistry: 19 separate tests
  - Lipid profile: 4 separate tests
  - Thyroid function
  - Urinalysis: 5 separate tests
- Vision test
- Faecal Occult Blood
- Review of work and organisational work
- Optional tests
  - Mammography
  - PSA
  - Aerobic capacity

We also advise on other relevant tests dependent on the clinical and other findings.



## Why Choose Company Health Services?

- We provide the complete health screening service for business people.
- We only use specialist staff.
- We combine good clinical methodology with knowledge of industrial practice.
- We provide the full screening service at our Crawley examination suite.

## What Health Screenings Can We Do For You?

- Pre employment assessments
- Driving Medical Examinations
- Vision Screening
- Food handlers
- Night Workers
- Confined Space Medical Examination
- Health Promotion
- Mini Health Screen
- Executive Medical Examination

## How To Contact Us

Please call us for more information or a no obligation quotation on **01293 613414** or email **[info@chs.uk.com](mailto:info@chs.uk.com)**. The more employees we screen the larger the discount we can offer.